

## Entrees

- 1. Jerk Chicken** \$7.50  
*White or dark meat chicken slow cooked with spicy Jamaican jerk seasoning*
- 2. Curry Chicken** \$8.00  
*Chicken cooked and seasoned with Jamaican curry, potatoes and peppers*
- 3. Brown Stew Chicken** \$8.25  
*Jamaican brown stew chicken with fresh vegetables, herbs, spices and brown sauce*
- 4. Baked Chicken** \$7.00  
*White or dark meat chicken seasoned with herbs and spices, baked to perfection*
- 5. Barbeque Chicken** \$8.00  
*Tender pieces of cut chicken cooked in our hickory smoked barbeque sauce*
- 6. Jerk Chicken Salad Sandwich** \$6.50  
*Chicken salad sandwich with jerk seasoning*
- 7. Ginger Pork Chops** \$9.00  
*Tender, juicy pork chops prepared with fresh ginger and baked*
- 8. BBQ Jerk Pork Sandwich** \$8.00  
*Pulled pork sandwich with a house BBQ jerk sauce*
- 9. Oxtails** \$11.00  
*Slowly cooked with green onions, thyme and Scotch Bonnet peppers  
Served with large butter beans*
- 10. Curry Goat** \$13.00  
*Tender goat meat stewed with curry, fresh herbs and spices, potatoes, sweet peppers and onions*
- 11. Broiled Tilapia with Mango Salsa** \$9.75  
*Lightly seasoned fresh tilapia with a house mango salsa*
- 12. Curry Shrimp Sauté** \$10.00  
*Shrimp seasoned with Jamaican curry, onions and sweet peppers*
- 13. Ackee and Salt Fish** \$11.25  
*Salted cod fish prepared with ackee, peppers, green onions and tomato*

*(Entrée served with white rice or rice & peas or French fries.)*

## Salads

- Sun Salad (GF)**  
*Mixed greens, peppers, onions, mandarin oranges, grilled jerk chicken*  
**SM \$6.00    LG \$8.00**
- Jerk Chicken Caesar**  
*Romaine lettuce, Parmesan cheese, croutons, jerk chicken and Caesar dressing*  
**SM \$5.50    LG \$7.50**
- Irie Salad (GF)**  
*Mixed greens, tomatoes, cucumbers, carrots, plantain chips*  
*with Jerk Chicken* **SM \$6.25    LG \$7.00**  
*with Pepper Shrimp* **SM \$8.25    LG \$9.00**

## Vegetarian

- Veggie Rundown (V, VG, GF)** \$6.50  
*Fresh sautéed vegetables with a curried coconut sauce*

## Soups

- Red Pea and Pinto Bean Soup (V, VG)**  
*Red kidney beans, pinto beans, vegetable broth, spinners (dumplings), coconut milk, fresh herbs and spices*  
**Cup \$3.50    Bowl \$5.00**
- Vegetarian Delight (V, VG, GF)**  
*Vegetable broth, callaloo, pumpkin, potato, carrot, green banana and spices*  
**Cup \$3.50    Bowl \$5.00**

## Sides

- Rice and Peas** \$2.00
- White Rice** \$2.00
- Cabbage** \$2.00
- Macaroni and Cheese** \$3.25
- Collard Greens** \$2.50
- Callaloo** \$3.00
- Tropical Coleslaw** \$2.75  
*Sweet coleslaw with mandarin oranges, pineapples and coconut*
- Fried Plantains** \$3.00
- Sweet Potato Fries** \$3.00
- French Fries** \$2.00
- Seasonal Mixed Vegetables** \$3.00  
*Sautéed fresh seasonal mixed vegetables seasoned with herbs and spices*
- Beef Patties** \$3.00
- Beef Patties with Coco Bread** \$4.00
- Bun and Cheese Sandwich** \$3.50

V - Vegan • VG - Vegetarian • GF - Gluten Free

# Irie Rhythms

irierhythms.com | getmore@irierhythms.com

Silas Creek Crossing Shopping Center  
3252 Silas Creek Parkway  
Winston-Salem, NC 27103 USA  
**(336) 768-0894**

## Desserts

|                             |        |
|-----------------------------|--------|
| Banana Pudding Cake         | \$5.00 |
| Pineapple Coconut Cake      | \$5.00 |
| Sweet Potato Cake           | \$5.00 |
| Mango Cheesecake            | \$5.25 |
| Large Chocolate Chip Cookie | \$2.00 |

## Irie Kids

### Kids Menu (12 and under)

|   |        |
|---|--------|
| <b>Irie Kids Jerk Chicken</b><br><i>One chicken leg, rice and peas or fries, 100% fruit juice</i>           | \$4.50 |
| <b>Jamaican Beef Patty Meal</b><br><i>One Jamaican beef patty, rice and peas or fries, 100% fruit juice</i> | \$4.50 |
| <b>Baked Chicken Meal</b><br><i>Baked chicken leg, macaroni and cheese, 100% fruit juice</i>                | \$4.50 |

## Beverages

|   |        |
|---|--------|
| <b>D&amp;G Products</b><br><i>Ginger Beer, Cream Soda, Cola Champagne, Ting, Pineapple Soda</i> | \$2.00 |
| <b>Coconut Water</b>  | \$2.25 |
| <b>Pepsi Products</b>   | \$1.50 |
| <b>Bottled Water</b>  | \$1.00 |
| <b>Iced Tea</b>   | \$1.50 |



## Daily Lunch Specials

(11a.m. to 2p.m.)

*Monday ~ Oxtails*

*with an extra side and fountain drink ~ \$11.00*

*Tuesday ~ Curry Chicken*

*with an extra side and fountain drink ~ \$8.00*

*Wednesday ~ Jerk Chicken*

*with an extra side and fountain drink ~ \$7.50*

*Thursday ~ Curry Goat*

*with an extra side and fountain drink ~ \$13.00*

*Friday ~ Curry Shrimp Sauté*

*with an extra side and fountain drink ~ \$10.00*

*Saturday ~ Brown Stew Chicken*

*with an extra side and fountain drink ~ \$8.25*

*(Entrees served with white rice or rice & peas or French fries)*

## Hours of Operation

Monday - Thursday 11AM to 9PM

Friday - Saturday 11AM to 10PM

Daily Lunch Specials 11AM to 2PM

Sunday Closed

Silas Creek Crossing Shopping Center  
3252 Silas Creek Parkway  
Winston-Salem, NC 27103 USA  
(336) 768-0894

# Irie Rhythms

irierhythms.com | getmore@irierhythms.com

© 2014 Moore Harmony Enterprises, LLC.

Printed in the USA.